**Sex Offender Management Program**

**Polygraph Testing Notification, Standards of Dress, Conduct, and Appearance**

Your polygraph examination is scheduled for:

**Date:**  **Time:**   **Location:**

1. You must be reasonably rested; if working a 'graveyard' shift, the last appointment in the day is best. Five hours of sleep is required within a 10-hour period prior to testing.
2. Clean body and clothing. Offenders with bad hygiene will not be tested. Failure to be tested for this reason will be considered a violation.
3. Continue taking all prescribed medications; tell your therapist and probation officer what you are taking. Very few medications will prevent you from being properly tested. If you have any measurable amount of alcohol in your system, you will not be tested which will result in your probation/parole being violated.
4. Do not bring children, family or friends to the office to wait for you.
5. Do not bring any of the following to your appointment: soft drinks, coffee mugs, food, personal reading materials, cell phones, or headphones.
6. Offenders must be properly and neatly dressed. Shoes must be worn. No sexually explicit or revealing attire. Shirts or blouses with short sleeves are preferable.
7. Most examinations will take between 1½ to 2 hours to complete. Failure to report for a polygraph is a supervision violation.
8. You are required to arrange and pay for any travel costs associated with attending the polygraph (i.e. airfare, hotel, bus fare). Ensure you have obtained a travel pass from your probation officer prior to your polygraph.

**By signing below, I am certifying that I understand and will abide by the polygraph rules noted above. You must return this form to your assigned probation/parole officer within 24 hours of receipt.**

Offender Signature Date Probation/Parole Officer Date