

STATE OF ALASKA DEPARTMENT OF CORRECTIONS

ALASKA DOC COMMISSARY – MEDICAL

OTC Medications (1 each in possession)

Acetaminophen (ex. Tylenol) - 500mg: 1 bottle of 25 tablets maximum. Uses: pain relief, fever reduction. Calcium Supplements: 1 bottle (equivalent to 1-month supply) Docusate Sodium (Ex. Colace) – 100mg 1 package/bottle of 30 tablets maximum Uses: stool softener Fish Oil – 1 bottle (equivalent to a 3-month supply maximum) Ibuprofen (Ex. Motrin, Advil) – 200mg: 1 package/bottle of 30 tablets maximum. Uses: pain relief, fever reduction, anti-inflammatory Loratadine (Ex. Claritin): 1 package/bottle of 30 tablets maximum. Uses: seasonal allergy relief Glucosamine/Chondroitin tablets: 1 package/bottle (equivalent to 1-month supply) Hydrocortisone Cream: 1 tube or equivalent in packets. Uses: itchy skin, rashes. Lactaid: 1 package/bottle (equivalent to 1-month supply) Uses: lactose intolerance Vitamin C: 1 bottle (equivalent to a 3-month supply maximum) Vitamin D - 1000 IU: 1 bottle of 100 capsules maximum Vitamin E - 180 mg (400 IU): 1 bottle of 100 capsules maximum Multivitamins: 1 bottle (equivalent to a 3-month supply maximum) Omeprazole (Ex. Prilosec): 1 package of 30 tablets maximum. Uses: decreasing the amount of stomach acid, heartburn

Ranitidine (Ex. Zantac): 1 package/bottle of 30 tablets maximum. Uses: decreasing the amount of stomach acid, heartburn

Simethicone anti-gas tablets: 1 package/bottle (equivalent to 1-month supply)

Miscellaneous

Acne Soap Ankle Support Antacids: 1 package/bottle Artificial Tears Baby powder (unscented) Band-Aids

DOC, Form 808.13 Attachment C Original: 06/21/2021 Breath right strips Caladryl ointment (or generic equivalent): 1 bottle Campho Penique (or generic equivalent): 1 tube Cetaphil (or generic equivalent) soap **Contact Solution Contact Daily Cleaner** Cough Drops: 1 package/bottle of 30 tablets maximum. Debrox Ear Drops: 1 bottle. **Dental Floss** Denture adhesive (Fix-a-Dent, Super Poly Grip, etc.) Denture Cleaner (Efferdent or generic equivalent) 1 package (maximum 50) Desenex powder (or generic equivalent): 1 bottle Eucerin Cream (or generic equivalent): 1 tub/bottle Foot Powder Hearing Aid batteries Foam Earplugs Hearing Aid batteries Insoles/arch supports. Knee Brace Lip Balm Lubricating Eye Solution: 1 bottle Maxi Pads (female only) Medicated shampoo (such as T-Gel, Sulfer 8, etc.) Metamucil (or generic fiber equivalent - tablets or powder): 1 bottle Miconazole cream: 1 tube Mouth guards Mouth wash (non-alcohol) Nail clippers Nasal Mist spray Neosporin (or generic equivalent): 1 tube or equivalent in packets. Oragel (or generic equivalent): 1 tube Panty Liners (female only) Poise pads (female only) Preparation H (or generic equivalent): 1 tube Reading Glasses Sunscreen (unscented) Tampons (female only) Toothpaste (Sensodyne, etc. or generic equivalent) **Toenail Clippers** Tucks (or generic equivalent)

Wart Remover Wrist Support

Notes:

- Prisoners in segregation or other special management units that permit medical commissary items per institutional policy are not permitted to have Medical Commissary medications without the express permission of a healthcare provider.
- Substitutions may not be made to this list without the written approval of the HARS Anchorage Central Office.
- Medical Commissary item availability may at times, be subject to supply chain disruptions beyond the control of DOC.